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NEWS
WORTH
SHARING.



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THEY HAVE OPPONENTS, BUT WILL THEY KNOCK 'EM OUT?

DAVID MYLES, CLASSIFIED AMONG HALIGONIANS UP FOR JUNOS
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It's a hole in one for Halifax



Tim Benton, vice-president of business affairs for the PGA Tour, speaks during a media conference at the Ashburn Golf Club in Halifax on Tuesday about details of the Web.com tour event this summer.

JEFF HARPER/METRO

Rolling in the green. Nova Scotia Open expected to generate millions in economic spinoffs

The next major sporting event coming to Halifax will bring rising golf stars, millions of dollars in economic impact and price-less international exposure.

Mayor Mike Savage joined representatives from SportBox Entertainment Group, the PGA and Web.com Tour Tuesday to announce that the New Ashburn Golf Club will host Canada's first-ever Web.com tour event.

The Nova Scotia Open will feature 156 golfers competing over 72 holes of stroke play from July 3 to 6, part of a week-long event called GOLFest that will also feature a Canada Cup and Junior Canada Cup. The Canada Cup will include several PGA stars, including Canadians Mike Weir and Graham DeLaet.

"This is not just a golf tournament," said Tim Benton, vice-president of business affairs for the PGA tour. "This is a way for us to involve people, a way to

promote the city and province."

SportBox Entertainment's Grant MacDonald said the Nova Scotia Open alone is expected to add about \$4 million to the local economy.

"We know that that is a good start and we want to make sure that we can grow that year over year," he said.

HRM has committed \$300,000 to the 2014 and 2015 events and MacDonald said the province had chipped in a "comparable" amount.

Savage said Halifax will benefit from the exposure that comes from hosting the Web.com event — which will be broadcast on the Golf Channel to about 190 countries.

"It's a small investment for us for what I think is going to be a very significant payoff in a number of ways," said Savage.

MacDonald said Ashburn's



Canadian golfer Mike Weir

GETTY IMAGES

Windsor Junction site and Glen Arbour in Hammonds Plains were both in the running to host this year's Web.com event.

Ashburn's incoming president said the selection is a nod to the course's long, competitive design, aesthetics and varied amenities, including a practice facility and second course for members to use while the event is underway.

"In the last five years we've had a really successful program of, we'll say, cleaning up the course and rejuvenating it," said Stephen Vaslet, incoming president of New Ashburn Golf Club. "So the timing of having this event to be able to test out that program of work was a great time for us."

Ace

"It's probably the (most) major thing that has happened, not only to Ashburn, but to golf in Nova Scotia, if not in Canada." Stephen Vaslet

More coverage, page 18



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15-25 centimetres

Snowstorm to intensify at night

Environment Canada forecasters say Wednesday's snowstorm isn't expected to really hammer HRM until the evening.

Environment Canada issued a snowfall warning for most of the province Tuesday afternoon, calling for 15 to 25 centimetres of snow Wednesday afternoon and night.

Meteorologist Tracey Talbot said Tuesday that Halifax residents will see snow begin to fall around mid-afternoon.

"It'll start out pretty light, and there won't be much in the way of winds at first," she said. "Probably by the time people start the drive home, it'll start to pick up a bit heavier with the snow and the winds as well."

Talbot said the worst conditions will occur later in the evening, with strong winds and blowing snow.

She said it's expected to taper off before dawn on Thursday, and HRM residents should be prepared to do some shovelling in the morning.

RUTH DAVENPORT/METRO



A man endures a January storm.
ANDREW VAUGHAN/THE CANADIAN PRESS

Saskatoon

Missing man has local connections

Saskatoon police are investigating the case of a missing 28-year-old man who has Nova Scotia connections.

Gregory "Myles" MacIntosh was reported missing Sunday after being last seen by friends at a Saskatoon bar at about midnight.

MacIntosh has South Shore connections. He grew up in Lunenburg and has connections to Lockeport as well.

YARMOUTH VANGUARD



My achin' drumstick!

Cathy Jones, left, and Rhys Bevan-John star in Neptune Theatre's production of *Cradle and All*. The play, written by Joanne Miller, is a co-production with Eastern Front Theatre company and premieres at the Scotiabank Theatre on Thursday night. JEFF HARPER/METRO

Most concerned by rising tuition: Poll

Post-secondary.

Middle-earners willing to pay more in tax to help support students



HALEY RYAN
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More middle-income Nova Scotians are concerned with rising tuition than ever before, according to a new poll from the Nova Scotia Post-Secondary Education Coalition.

The results show nearly 71 per cent of people who make between \$40,000 and \$70,000

Pay it forward

"It's one of the things my generation should be most ashamed of, that we had access to affordable education and we're not providing it for our children."

Dr. Chris Ferns, president of the Association of Nova Scotia University Teachers

a year would pay higher taxes if they knew it would go toward making local universities or colleges more affordable.

"It's no longer an issue of how we ensure that low-income Nova Scotians can attend university," said David Etherington of the Canadian Federation of Students-Nova Scotia on Tuesday.

Etherington said this is

the first year the poll has shown middle-income residents as the most supportive of a tax hike, but added he's not surprised.

He said a recent report shows tuition rising above the \$6,000 mark will "start pushing middle-income students out of university."

The poll also shows 29 per cent of Nova Scotians say they've had someone in

their family choose not to attend college or university in the last year because they couldn't shoulder the debt.

More Nova Scotians were concerned about post-secondary education and health care (65 per cent) than taxation (64 per cent) or crime (39 per cent).

The coalition is hoping these numbers convince the new Liberal government and plan to meet with Advanced Education Minister Kelly Regan about a 15 per cent tuition decrease.

The coalition says the poll took place from Dec. 9 to 16 and has a margin of error of plus or minus three per cent, 19 times out of 20.

Woman struck at Oxford crosswalk

A 45-year-old woman crossing Oxford Street on Monday morning was the latest person to be struck at a crosswalk in the Halifax Regional Municipality.

The collision happened just after 7 a.m. at the inter-

section of Oxford and Coburg Road.

The victim was crossing Oxford when a pickup truck turning left from Coburg ran into her.

She suffered non-life threatening injuries and was

taken to hospital by paramedics.

The driver of the truck, a 31-year-old man, was issued a summary offence ticket for failing to yield to a pedestrian in a crosswalk.

METRO

Fine

\$639.95

The fine the man faces, if convicted, along with four points off his driver's licence.

Halifax celebrates Juno nods for local musicians

Nominations.

Classified, JRDN, Matt Mays and David Myles among those named



HALEY RYAN
haley.ryan@metronews.ca

Many people pop champagne or have a fancy dinner to celebrate good news, but David Myles takes a walk.

On Tuesday, Myles and Enfield rapper Classified were two of the multiple Haligonians nominated for the Juno Awards in March, thanks to their runaway hit Inner Ninja.

Myles was home in Halifax for a few days in between tour dates when he saw on Twitter that Inner Ninja had been nominated for single of the year.

"I'm out for a walk in Point Pleasant Park right now. I thought I'd celebrate," Myles said as wind whistled through the phone.

Other local nominees include Dartmouth's Matt Mays for rock album of the year, JRDN (Halifax's Jordan Croucher) for R&B/soul recording of the year, and Halifax's Ryan Hemsworth for electronic album of the year.

Classified and Myles already have a Juno for Inner Ninja, which took last year's best rap recording.

"It's been such a great year for that song. It just keeps on going, which is really, really fun for me and

Quoted



Nova Scotia country star Dean Brody

"It really is a great thing when you get that nomination."

Class," Myles said.

"To see all sorts of people respond to it has been amazing, especially across the genres."

Looking at their competition, Myles said it's "insane" to be in the same category as hugely successful acts like Michael Bublé and Arcade Fire.

"If you kind of compare the number of followers between me and anyone on that list ... it's ridiculous," Myles said with a laugh. "Bublé is millions."

"That's partly because of the collaboration with Classified. It's amazing what he's done this year."

Classified picked up a second nomination for rap recording of the year, and Halifax's Henry "Cirkut" Walter was nominated for songwriter and producer of the year.

Country star Dean Brody was nominated for country album of the year for the third time. He doesn't put much faith in "third time's the charm," but said a little luck can't hurt.

After six years down in Nashville, Brody calls Chester, Nova Scotia home but said everywhere in Canada



Classified, right, poses with the Juno after winning for Rap Recording of the Year during the 2013 Juno Gala, Dinner and Awards in Regina. David Myles, left, collaborated with Classified on the song he won for. LIAM RICHARDS/THE CANADIAN PRESS

feels nice after being away for so long.

The Canadian Country Music Awards really understand his style, Brody said, but it's cooler to get a Juno nod because they come from a "completely different direction."

"They're totally unique and of themselves, and they're both great honours," Brody said.

Other nominees

Arcade Fire nabs leading six Juno nominations

Montreal's Arcade Fire,

whose Haitian-inspired fourth album *Reflektor* was one of the most critically acclaimed releases of the year, has nabbed a leading six Juno nominations.

Michael Bublé (who won a Grammy last week) and Stompa singer Serena Ryder

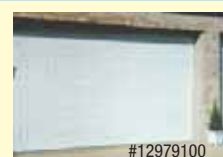
are close behind with five nominations apiece.

Tegan and Sara, Drake, Celine Dion and Hedley round out the field with four nods each heading into the March 30 show in Winnipeg.

HALEY RYAN/METRO



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Bedford. Man roughed up in mall parking lot

Police in Halifax say they are looking for two suspects after a man was roughed up during an attempted robbery in Bedford.

The victim was walking in the parking lot of Bedford Place Mall around 3:45 p.m. Monday when police say an unknown man walked up to him, demanded his money and produced what appeared to be a handgun.

The victim refused to give over his cash, and then got into a struggle with the suspect, who left empty-handed before being picked up by someone in a silver car.

Status

The victim wasn't injured in the incident.

Police describe the robber as a white man between the ages of 18 and 20, five-foot-seven and about 160 pounds. He was wearing a blue and white coloured jacket, dark shirt and black ski mask.

The driver is described as a white man in his early 20s, about 200 pounds and clean shaven. **METRO**

Mobile home fire. Senior dies from injuries

Police say a man who was seriously burned in a mobile-home fire last week in Nova Scotia has died.

The 69-year-old man was flown to a hospital in Halifax from Barrington Passage on

Tuesday.

The RCMP say he died on Sunday.

Police say the mobile home was not occupied but construction work was being done on it. **THE CANADIAN PRESS**

Chemicals. N.S. company charged with violations

A Sydney dry cleaning company and two of its principals have been charged with violating the Canadian Environmental Protection Act.

T-Bear Cleaners Ltd., along with director Wayne Cavanaugh, 67, and company president and director Megan Snow, 31, are each charged with failing to store the chemical tetrachloroethylene in closed containers as man-

dated by the act.

In addition, Snow faces a single count of failing as a company director to take all reasonable care to ensure the company complied with all regulations.

Although the chemical is no longer produced in Canada, it is imported for use in the textile and dry cleaning industries.

CAPE BRETON POST

2013

United Way Halifax raises nearly \$6M

United Way Halifax has announced it raised just over \$5.9 million for use in the local community during its 2013 campaign. Nearly \$4.22 million was donated to the Community Fund and \$1.69 million designated for registered charities.

United Way focuses on addressing poverty and community health. "United Way funds, researches, advocates, partners and convenes to address individual and systemic issues," states the release. **METRO**

ComedyFest

Whatcha laughin' at? Hotz and MacDonald?

There's more reasons to smile about at the Halifax ComedyFest as two well-known performers have been added to the lineup.

Jeremy Hotz and Mike MacDonald were announced as the newest headliners Tuesday, with the full event schedule also being announced.

Hotz will headline the Gala of Laughs on April 25, while MacDonald will be a feature attraction for the Gala of Laughs Finale on April 26. **METRO**



Scott Falconer Sr. and his son, Scotty, say they are left with more questions than answers when it comes to Chris Falconer's first-degree murder conviction last week in Pictou Supreme Court. **NEW GLASGOW NEWS**



Chris Falconer
THE CANADIAN PRESS



Amber Kirwan
CONTRIBUTED

Many questions remain for killer's family

Amber Kirwan. Relatives of Chris Falconer speak out about first-degree murder conviction

Closed case

According to a follow-up with the police, the Amber Kirwan investigation is closed.

For the second time in 15 years, Scott Falconer Sr. watched his grandson sentenced to life for murder.

In October 1998, he sat quietly in the back of a small New Glasgow courtroom and listened to 15-year-old Christopher Alexander Falconer, with his head bowed, admit his guilt in the second-degree murder of Pictou taxi driver Robert LeBlanc.

That brutal killing devastated the county and the Falconer family accepted Chris's involvement. They told him he would have to pay the price for what he did.

Fifteen years later, Scott Sr. sits in a courtroom again, this time listening to a jury tell everyone Chris brutally murdered Amber Kirwan, but this time he's not so sure.

"I told myself that I was going to be open minded and act like a juror to hear all of the evidence in this trial. I wanted the truth," he said in an interview at his son Scot-

ty's Heathbell Road home a few days after the verdict in Pictou Supreme Court.

As fate would have it, Scott never heard the jury say the words 'guilty.' He was called to the courthouse, but a car accident at the Pictou rotary held him up in traffic. When he arrived, he was bombarded by media wanting comment, to which he politely replied, "I need to find out what the verdict was first."

"I went over to Scotty and he said, 'guilty, first degree murder.' I said, 'It can't be.'"

The 77-year-old said he left the courthouse with a heavy heart. The family was shocked by the verdict because after listening to all of the evidence, they felt there wasn't enough to convict Chris without reasonable doubt.

After reading comments in the media about the final days of the trial, Scott said he couldn't keep silent anymore.

At Scotty's kitchen table,

he sits down with a white pad in front of him. He has some notes jotted down that will help him make his points during the interview, but before he begins, he wants to make one thing perfectly clear — he is not speaking out to cause any more pain for the Kirwan family.

"We aren't disputing what happened to her was terrible, but we need answers too," he said.

Both Scott and Scotty say the trial left them with more questions than anything else. They say they can't connect the dots to Chris and he isn't getting any help in filling in the blanks.

They speak to him each night by phone and all he says is he told the truth. He tells them he didn't know Kirwan or cause her death.

From the start of the entire investigation in 2011, the Falconers say they feel police focused on one person only and failed to see if anyone else could have committed such a horrific crime.

He said, based on what he heard during the trial, he doesn't buy into the Crown's theory that Chris grabbed Kirwan in downtown New Glasgow, bound her hands with duct tape, drove to Heathbell and later killed her.

'I just want the truth'

Sympathy for Kirwan family

Before the interview, Scott Falconer Sr. had something he wanted to get off his chest.

As he glanced down at his paper, his hands shook a little and in a quiet voice he stumbled over these words.

"To Mr. and Mrs. Kirwan, you have my deepest, heartfelt sympathy. I have a daughter and the thought of that happening to her would be devastating. I have nine granddaughters and nine grandsons and I love them all dearly.

"Given my comments here, I do not want to hurt you in any way. I just want the truth."

NEW GLASGOW NEWS

The Falconers say they are at a loss now about what to do next. They don't know if they can appeal or even afford a lawyer to push for one.

NEW GLASGOW NEWS

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Harb and Brazeau first to be charged in Senate scandal

Expenses. Mounties accuse ex-Liberal and ex-Conservative of fraud

Mac Harb and Patrick Brazeau have been charged with fraud and breach of trust — the first criminal charges to emanate from the Senate expenses scandal, but possibly not the last.

Harb, a former Liberal senator who resigned from the upper house last summer, and Brazeau, a former Conservative senator who was suspended from the Senate last fall, face one count each of fraud and breach of trust in relation to their travel and living expense claims, the RCMP said Tuesday.

The Mounties continue to investigate allegedly fraudulent expenses claimed by suspended senators Mike Duffy and Pamela Wallin.

They are also investigating Nigel Wright, who was Prime Minister Stephen Harper's chief of staff when he personally gave Duffy \$90,000 to reimburse the Senate for disputed living expenses.

Tuesday's charges stem from allegations that Harb declared two largely unused country homes as his primary residences, allowing him to claim a Senate housing allowance and living expenses for his supposed secondary residence in Ottawa — where he had lived for years prior to his 2003 appointment.

The Mounties allege that Brazeau fraudulently claimed his father's home in Maniwaki, Que., as his primary residence, although he was rarely seen there and lived primarily in Gatineau, Que. Brazeau, like Harb, has maintained that he did nothing wrong.

THE CANADIAN PRESS



Mac Harb, left, and Patrick Brazeau face charges. SEAN KILPATRICK, ADRIAN WYLD/THE CANADIAN PRESS

Audit

Rules lack clarity?

An independent audit of the pair's expense claims last spring said Senate rules on primary residences lacked clarity and, therefore, the auditors could not determine whether either senator had broken the rules.

But the Senate's internal economy committee declared the rules to be "unambiguous" and demanded that the senators repay their disputed expense claims. Harb complied but Brazeau refused to reimburse the \$48,000 he was asked to pay back.

THE CANADIAN PRESS

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Pickup with dead coyotes shocks woman

A Saskatoon woman out grabbing a coffee last Sunday was confronted with a grisly sight.

Tiffany Koback was sitting with her husband in the drive-thru lineup of a local Tim Hortons. They were stuck behind a pickup truck loaded with uncovered coyote carcasses.

"It was shocking," said Koback, who is the shelter director for the Saskatoon SPCA.

She took out her phone

to snap a picture and shared the image on Facebook.

After the incident, Koback said she looked up the rules in Saskatchewan around coyote hunting and was surprised to find there are no official limitations.

She said understands many farmers with live-stock consider them pests but she couldn't believe the brazenness of the truck driver, likely a licensed fur trapper.

JACOB MORGAN/METRO IN SASKATOON



Tiffany Koback snapped this photo in Saskatoon. CONTRIBUTED

Newfoundland

Prof sorry for suicide assignment

Memorial University says a professor has apologized for an assignment that the school's student union said made light of sexual assault and mental health.

A spokesman for the St. John's, N.L., university says John Shieh has apologized to his computer science class and replaced the question on his assignment.

The student union said the prof asked them to create a computer program that could help determine whether a rape victim would commit suicide. THE CANADIAN PRESS

Ottawa

Tories updating election law

The Harper government is introducing legislation to toughen up parts of Canada's election law, while loosening the rules that govern political donations and spending. The bill includes a mandatory public registry for automated election calls and penalties for rogue calls.

THE CANADIAN PRESS

Quoted

"The world's attention is our only hope right now."

Oleg Komin, 32, Kyiv
Lawyer

Studied in the U.S., hopes his country will follow the West

Quoted

"I'm happy Canada's getting involved and put the visa ban on our government."

Dasha Mychailova, 19, Kyiv
International-relations student

Sees the protests from an international perspective

Quoted

"Once people wake up they don't go back to sleep."

Andrew Meakovsky, 24, Kyiv
IT specialist

Joined the protests after a law targeted freedom of speech

Quoted

"Sometimes I want to huddle in a corner; I'll have to move if things get really bad."

Yuliya Kudriavtseva, 30, Kyiv
Translator

Worked with the reporter at the protests



Youth are at the forefront of the protest movement in Ukraine, risking jail and injury to fight what they say is an attack on their freedom. CONTRIBUTED

'We want to be part of Europe, not the Soviet Union'

Ukraine. Young people are driving protests in Kyiv and fighting for their future



DYLAN C. ROBERTSON
For Metro in Toronto

During a trip to Kyiv three weeks ago, I noticed that many of the Ukrainians occupying its frigid streets were youth.

I was there to write about the riots and considered myself lucky to find Yuliya Kudriavtseva on a translation forum. She took me to protest camps,

barricade checkpoints and occupied buildings.

Since that trip, 10 people have died. One online video shows a bruised, naked man in the snow as police photograph him and smack his head.

I called Kudriavtseva for an update.

"I do what I can to support the cause. I'm too scared to go out and protest," she said.

"I have a business so I pay lots of taxes. I'm happy to pay for schools and hospitals, but it all goes to corrupt officials."

She added that protesters want democracy and human rights.

"We want to be part of Europe, not the Soviet Union."

Kyiv's protests started in

November when Ukraine's president pivoted the indebted country toward Russia, which offered a \$15-billion bailout, instead of the European Union.

Thousands set up Occupy-style tents in Kyiv's central Independence Square and draped banners over the massive Christmas tree.

Ten days later, the government shut down mobile communications and sent in riot police. Dozens of protesters and journalists were injured. Dasha Mychailova, 19, was in the crowd.

"We ran for our lives."

She hid in a bar with friends while others were beaten with police batons.

"Friends of mine were at-

tacked and had to be hospitalized. There's been no compensation or justice," she added.

"This is now a battle over human rights."

When I visited in January, the government had just rushed a law mandating up to 15 years in jail for anyone attending mass rallies.

A week later, thousands at the protest site received an Orwellian text message: "Dear subscriber, you are registered as a participant in a mass disturbance."

That's when Andrew Meakovsky got involved.

"Our freedom is at stake; I had to join the protests."

Although happy with his IT job, Meakovsky said many

youth consider moving abroad for higher wages.

"Then you have your freedoms threatened. How can you live here?" he asked. "We are fighting for our future. We love our country and we don't want to leave."

What happens next is uncertain. On Sunday the EU announced a U.S.-supported bailout, contingent on reforms and respect for human rights.

The government proposed releasing arrested protesters last week if activists evacuated occupied buildings. Few did, which worries Kudriavtseva's boyfriend, Oleg Komin.

"There's an unwillingness to listen; both sides won't hear each other."

Economic problems

- The minimum hourly wage in Ukraine is \$0.87.
- One in five young Ukrainians is unemployed, according to official figures.
- Forty per cent of university graduates take jobs far below their qualifications.
- Transparency International ranked Ukraine 144 out of 175 countries on last year's Corruption Perceptions Index

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Grocery store wars.

Walmart Canada ups the ante, puts \$500M on table

Walmart is placing its bets on the fresh food business, as it announced Tuesday it will open 35 more Canadian supercentres as part of nearly \$500 million in planned investments this year.

The world's biggest retailer said its long-term plan is to offer groceries in each of its Canadian stores, a move which will increase the pressure on its retail rivals.

"We love the idea of our customer coming in and buying ground turkey and taco seasoning and salad mix and diapers, getting their oil changed, pick-

ing up a pair of eyeglasses and riding home on a new bike. I mean you can get it all done at Walmart and we love the idea of that," said Shelley Broader, Walmart Canada's president and CEO, in an interview.

The discount chain, which celebrated its 20th anniversary in Canada last month, is investing more than \$376 million to build, expand, relocate or remodel its stores. It said six of the stores will be new, 10 will be expansions and 18 will be retrofitted to add a fresh food section. One store will be relocated. **THE CANADIAN PRESS**

Market Minute



DOLLAR
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(+0.13¢)



TSX
13,504.48 (+18.28)



OIL
\$97.19 US (+\$0.76)



GOLD
\$1,251.20 US (-\$8.70)

Natural gas: \$5.30 US (+\$0.35)
Dow Jones: 15,445.24 (+72.44)

The revolution will be televised ... on Netflix

Do adjust your screen.

Survey says 29% of Canucks subscribe to Reed Hastings' brainchild to stream content

Netflix continues to grow in Canada and is being used in millions of households, suggest two research reports.

Telephone surveys commissioned by the Media Technology Monitor with 4,009 anglophone Canadians between Oct. 7 to Dec. 1 found that 29 per cent of the respondents said they were Netflix subscribers.

That was up nearly 40 per cent compared to MTM survey results from 2012. Based on the latest polling data, MTM estimates there are 5.8 million Canadians using Netflix to stream content.

Solutions Research Group Consultants estimates that



Since Netflix was launched in Canada in 2010, the streaming service has steadily grown in popularity. **THE ASSOCIATED PRESS**

three million Canadian households are using Netflix, based on an online poll conducted in November.

Of the Netflix users polled, almost nine in 10 said they found the \$8-a-month subscription fee to be "excellent" or

"good" value for their money, and the average user spent 1.5 hours a day watching TV shows or movies with the service.

That poll also revealed that 81 per cent of the respondents said they watch short online videos monthly and 56 per cent

were watching long-form content.

MTM's polling suggests that more Canadians are connecting their TVs to the Internet to play online video on their biggest screen.

THE CANADIAN PRESS

Getting Dropped Off at the Airport?



Construction is underway along the drop-off curb at Halifax Stanfield. Airport operations will continue, with safe access to the terminal building.

Please watch for signs and allow extra time for your next airport visit. Find out more at www.flyhalifax.com



Drop off early. Check in on time.

STUFFAHOLISM KILLS

Now that the hangover from the orgy of materialism known as Christmas has finally evaporated, it's time to face the obvious.

We are stuffaholics and we are suffering from "stuffocation."

Christmas is merely the climax in a year of mounting over-consumption. It starts on Black Friday, marches through Cyber Monday, and culminates in two weeks of Boxing 'Day,' with the religious dimension of the holiday being swept away in a tsunami of consumption that now starts rolling even before Halloween. But we don't know what else to do with ourselves.

Stuffocation is the title of a new book by trendspotter James Wallman, and it's the perfect word for our current state. Too much everything. It's going to the closet, says Wallman, "and it's bursting with clothes but you can't find a thing to wear."

For other critters on the planet, the consequences are more serious.



JUST SAYIN'
Paul Sullivan
metronews.ca

There's an island called Midway, which is 2,000 miles from land, where the sea birds are literally stuffocating on the garbage they've ingested from the formerly pristine ocean and beaches. You can watch this on Upworthy. Check it out and weep. I did.

But Wallman has an interesting theory. He thinks we've finally had enough of stuff and the dominant philosophy of the day is changing.

We're evolving again. Materialism and its stuffocating side effects are giving way to "experientialism," which means we're starting to value experiences over things.

Back in the bad old days of conspicuous consumption, your stuff had a point. It was a symbol of your status. Your car was more than a ride from point A to point B; it was a sign you could

afford to spend enough to keep an African village alive for a year on your conveyance.

That was then, when it was necessary to impress those in

your immediate vicinity. But now that everyone (and I mean everyone) is in the media business, we need content to broadcast to our far-flung friends on Facebook and Twitter.

"I went shopping" is boring. "I hiked the Pacific Crest Trail" is pretty cool.

And who needs a car when you can just use a Zipcar?

According to Wallman, Apple is the perfect bridge from materialism to experientialism. You buy an iPhone and even the package it comes in is an experience. But there are other pioneers in this brave new world. For instance, Patagonia sells, through its partnership with eBay, used clothing and the stories behind it. Puma has a bag called the Clever Little Shopper; if you put it in hot water for three minutes it dissolves, leaving no residue and you can safely pour it down the drain.

Of course, experientialism is just another marketing scheme. This time you buy the experience, and the stuff is just the details. But in a world that's lost its meaning and is stuffocating us all, it's a tiny message of hope — in a biodegradable bottle.

ZOOM

Addressing the white lion in the room



CZAREK SOKOLOWSKI/THE ASSOCIATED PRESS

Endangered Species Act endangered?

White lioness Azira lies in a cage with her white cubs that were born last week in a private zoo in Borysew, in central Poland.

White lions are virtually extinct in the wild and often have defects that prevent them from giving birth, or the mother rejects her cubs, but in this case the cubs are doing well. The U.S. Endangered

Species Act — designed to prevent plights like that of the white lion for wildlife in America — may be endangered itself. Republicans in Congress are calling for an overhaul to the act, who proponents credit with staving off extinction for hundreds of species, but critics contend has been abused by environmental groups seeking to restrict development in the name of species protection.

THE ASSOCIATED PRESS



In 40 years, the U.S. government has spent billions of dollars trying to save some 1,500 species deemed endangered, like the grizzly bear.

THE ASSOCIATED PRESS FILE

Political protection

The political hurdles for an overhaul of the law are considerable. The Endangered Species Act enjoys fervent support among many environmentalists, whose Democratic allies on Capitol Hill have thwarted past proposals for change.

Clickbait



HANNAH ZITNER
hannah.zitner@metronews.ca

With Facebook falling out of vogue among the web savvy, the social media site is doing its darndest to log some of your precious screen-time hours. Introducing Paper, a social app that takes the good ol' fashion design sensibilities of a magazine, combines them with a newspaper and puts it all online. But while the news reading app isn't yet available on the Canadian iTunes store, you don't have to stay stuck in the dark ages.

Flipboard:

Curate a magazine filled with articles from your favourite news sites, social networks, blogs or even RSS feeds.

Feedly:

The go-to RSS reader once Google reader died (RIP), Feedly lets you set up feeds for your favourite sites in a simple, user-friendly, magazine style format.



Twitter

A Vancouver woman hopes to open a cat café this fall, based on ones popular in Tokyo. What other kinds of themed cafés would you like to see open up?

@PascalCoder Retro Gaming Cafe, that accepts Bitcoin along with Canadian Dollars! E-Sports on the TVs, LCD Tetris Tables!

@wgb75 Why can't Edmonton have a puppy cafe. A lot would be interested.

@teemodajo A crafty cafe with local artist's wares.

@Chris_cymru board game cafe. Like snakes & lattes in Toronto

@notmattdaubs does Anne Murray have a cafe? She probably should.

@mmmhustler403 A camping-theme cafe with a few real (small) bonfire/campfire for people to sit around. #YYC

@MainStPoodle I'd like to see a dog cafe. Right next door to the cat cafe.

WE WANT TO HEAR FROM YOU:
Send us your comments: halifaxletters@metronews.ca

2 SCENE

Minifigs movie built on an idea that's been around the block

Silver screen play box.

The Lego Movie latest film hoping to turn kid's toy into a blockbuster



IN
FOCUS
Richard Crouse
scene@metronews.ca

Alfred Hitchcock said, "Ideas come from everything," and certainly Hollywood proves his point.

Just this year we've had films inspired by everything from Norse mythology by way of comic books (Thor: The Dark World), real life (Captain Phillips, American Hustle to name a couple) and literature (The Hobbit: The Desolation of Smaug to name one).

Like Hitch says, story ideas can come from anywhere. Even the board games and toys we played with as kids.

This weekend Hollywood has built a movie around a set of building blocks. The most famous building blocks in the world. The Lego Movie features the all-star voices of Will Ferrell, Liam Neeson, Elizabeth Banks and Morgan Freeman in a story about an ordinary Lego minifigure recruited to stop the evil tyrant Lord Business from gluing the universe together.

Lego's colourful interlocking plastic blocks are the latest toy to inspire a movie, but they aren't the first.

The 1977 animated film Raggedy Ann & Andy: A Musical Adventure has the distinction of being the first theatrical motion picture



Minifigures stick together to save the universe from the tyranny of Lord Business in The Lego Movie. CONTRIBUTED

Toying with filmgoers' affections

Lego's colourful interlocking plastic blocks are the latest toy to inspire a movie, but they aren't the first.

based on a consumer toy. In the movie the rag dolls go on a journey to rescue Babette, a beautiful French doll kidnapped by a pirate. Described as "tedious" and "lacking in pace and humor" by many critics, the movie has also been mentioned as an un-

official inspiration for the Toy Story series.

A few years later came an action figure that would inspire several movies. Roger Sweet, lead designer for Mattel's Preliminary Design Department, says he wanted "a powerful figure that could be

taken anywhere and dropped into any context because he had a generic name." That character was He-Man, defender of the realm of Eternia from the evil forces of Skel-etor.

The job of bringing that bigger-than-life character from the toy box to the screen fell to Dolph Lundgren in the 1987 film Masters of the Universe. The original story wasn't a hit at the box office and isn't one of Lundgren's favourite films.

"How much could I do as an actor," he asked, "when I was running around in swim trunks and chest armor?"

More successful was Clue, based on the crime mystery board game. Starring Eileen Brennan and Martin Mull as murder suspects Mrs. Peacock and Colonel Mustard, the movie was released with three possible endings. The various endings were split up between theatres, so no two prints were the same, but the DVD release features all three.



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All's Vanity Fair in Gwyneth's war on exposé — magazine reconsiders

That Vanity Fair piece on Gwyneth Paltrow might never see the light of day, according to editor Graydon Carter, but not because of the Oscar-winning actress' impressive attempts to quash the mag's efforts. It turns out the final piece "was such a far cry from the almost mythical story that people were by now expecting — the 'epic take-down,' filled with 'bombshell' revelations — that it was bound to be a disappointment," Carter writes in the magazine's latest issue. He also reveals a 20-minute conversation with Paltrow herself about the article's future. "At one point, she asked my advice as to what to do to get the 'haters' on her side," Carter writes. "I suggested putting on 15 pounds. I joked that it works for me. She replied that I had put on much more than that." And Paltrow's



Gwyneth Paltrow
ALL PHOTOS GETTY IMAGES

efforts to kill the article did register with Carter, who recounts the actress ordering her A-list friends to "not speak to Vanity Fair about her or about anything else ever again," he writes. "Kim Jong-un couldn't have issued a more blanket demand."

Aniston regrets crop, opts for sweet extensions of youth

Jennifer Aniston reversed course on her recent cropped hairdo, having extensions put in to bring it back to a more comfortable length. "Jen had been complaining to friends that she didn't like the short hairdo. She thought she wanted a drastic change but felt it wasn't the right look for her," a source tells Radar Online. "She felt having the short hair made her look older, which she is trying to avoid. Having long hair,



Jennifer Aniston

according to Jen, makes her look younger."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Hoffman introduced himself as a heroin addict

MELINDA TAUB
Metro World News

Philip Seymour Hoffman's death came as a tremendous shock to his fans. He himself, though, didn't try to hide that he had a problem: Just two weeks ago, he introduced himself to a stranger as a heroin addict.

Magazine publisher John Arundel was at the Sundance Film Festival recently, where he began chatting with Hoff-

man, whom he did not recognize. Arundel asked what he did for a living. "He said, 'I'm a heroin addict,'" Arundel told the New York Post.

Hoffman then took off his "sloppy hat," at which point Arundel recognized the star. Before he walked away, Hoffman added, "I just got out of rehab."

It's especially heartbreaking to know that Hoffman was fully aware of the dangerous path he was on, but was unable to stop.

Hoffman was found dead Sunday in a Manhattan apartment. According to police, he was found in the bathroom with a needle still in his arm. Hoffman had been sober for 20 years, sources say, until a relapse last May.

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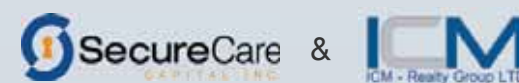
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3
LIFE

What a winter fun-derland

Panorama. From hardcore powder hounds to high-end dining aficionados, this B.C. mountain resort has something for everyone

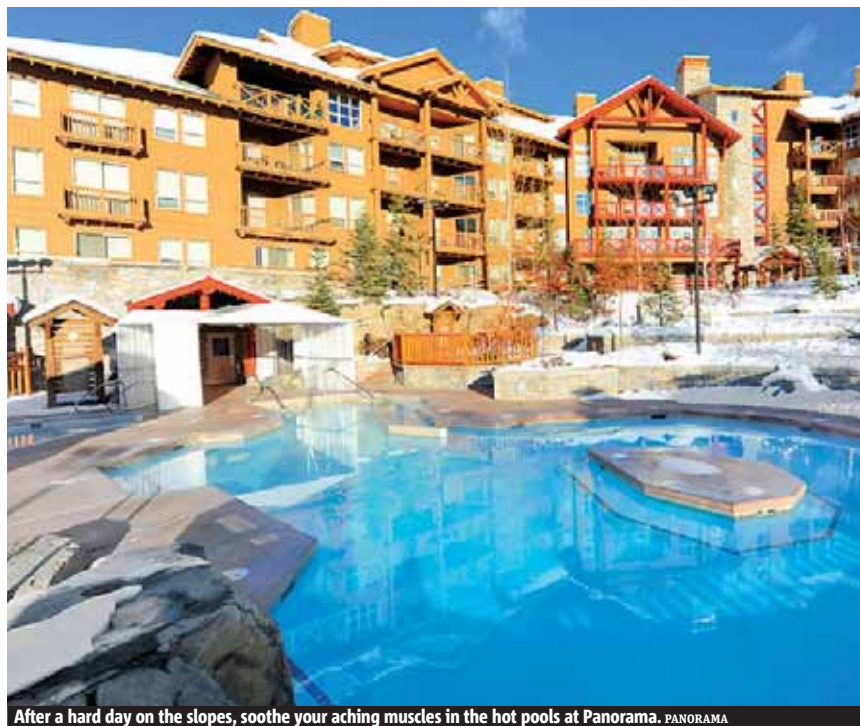
KATHY
BUCKWORTH
life@metronews.ca

Located a scenic four-hour drive northwest from Calgary Airport, Panorama, B.C., is a unique ski resort destination that has something for the whole family, including its signature panoramic views.

With a 4,000-foot vertical, 2,800 acres of terrain, over 120 trails, two bowls and two terrain parks, there are plenty of gentle green and more challenging blue runs for beginners and experienced skiers to warm up on before hitting the tough double black diamond Taynton Bowl. Panorama is on the lighter side of the so-called Powder Highway and conditions can vary.

One hundred per cent slope-side accommodation makes it easy for families to take a quick walk to the high-speed quad lifts at the bottom. Families can choose from studio, one, two, and three bedroom suites with kitchen facilities and fireplaces.

The new PanoPass is in-



After a hard day on the slopes, soothe your aching muscles in the hot pools at Panorama. PANORAMA

cluded in every lift ticket and provides for unlimited skiing, snowboarding, cross-country skiing, tubing and tobogganing.

The PanoKids ski school has instructors for all ages and levels.

After a hard day on the hill, the hot pools are filled with adults soothing aching muscles and kids enjoying water play outdoors in the middle of the winter. Panorama has the largest

slope-side pool collection in Canada.

There are a variety of food options including the Great Hall for basic food fare, while the TBar & Grille menu includes pub staples like chicken wings and nachos during the day, turning into the "party bar" in the evening. The Wild-fire Grill has a moderately priced menu perfect for a family night out. The Earl Grey Lodge's restaurant is a

gourmet food lovers delight. Or, shop at the General Store for snacks or to prepare your own meals; grab a bottle of wine at the village liquor store as well.

Hearty types who make it up to the Summit at the top of the hill can enjoy chili, bison burgers and more for the hungry midday skier. Be warned to use the outside washroom before taking off your ski outerwear and warming up by the

Panorama quick facts

- Average winter temperature. -5 C
- Longest run. Is 5.5 km and is Never, Never Land in the Taynton Bowl
- Trails. 120 named trails
- Average snowfall. 479 centimetres
- Ski season. December until April

wood fire.

Heli-skiing is offered by Rk Heliski, which has been flying skiers for 44 years to over 120 organized landings, over 1,500 square kilometres. Skiers and boarders are given a hearty breakfast at Choppers Landing prior to beginning their safety training and flight up. Rk also offers a fondue experience which has diners fly to The Summit for a cheese, meat and chocolate fondue meal before either flying back down, or skiing off some of the meal.

Panorama's tag line — "Getting to Panorama is easy. Leaving is the hard part" — weighs true for the many travellers who fly WestJet into Calgary. Arrangements can be made for one of two daily free Panorama shuttles, or rental cars are available at the airport.

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Whistler: For billionaires and backpackers

Ballin' and budgeting.

Metro's Loren Christie enjoys one of Canada's top ski destinations in two very different ways



ON THE MOVE
Loren Christie
life@metronews.ca

I recently checked out Whistler Blackcomb, both as a prince and a pauper. What could one day of skiing cost you at Canada's premier ski resort? Well it depends... somewhere between \$250 and \$10,000.

High roller — From Vancouver International Airport it's a quick shuttle to the Helijet terminal. My five-passenger helicopter ride to Whistler cost \$3,590 or \$718 per person if you are fortunate enough to have fellow travelers.

Budget conscious — Look



Hitting the slopes at Whistler can be affordable. TOURISM BC

for the Pacific Coach Lines shuttle bus just outside the airport's International Departures Area. After \$72 and a brief stop in downtown Vancouver, it's a three-hour drive to Whistler Village.

High roller — The opulent yet cozy presidential suite at the Four Seasons Resort & Residences Whistler will set you

back at least \$3,000 a night. **Budget conscious** — Once used to house athletes during the 2010 Winter Games, the Hostelling International hostel at Cheakamus Crossing is an affordable \$39 a night. My cheery room came with three bunk mates and a shared bathroom.

High roller — Who better

to give me a lesson as I hit the slopes than an Olympian? I spent my day with Britt Janyk, one of several athletes who participate in the Snow School's exclusive Ski With an Olympian program. Cost: \$899 plus lift ticket.

Budget conscious — Head to the top of the Whistler Village

Gondola for your complimentary tour of the mountain with a mountain host. Offered daily, don't expect a ski lesson, but do expect to get your ski legs by getting oriented around this massive ski resort while hearing some local lore. Lift ticket packages vary in cost, but plan to pay \$100.

High roller — Araxi Restaurant & Bar is reputedly Gordon Ramsay's favourite restaurant in Canada. During the Olympics, medalists were invited to come in to this award-winning Whistler favourite for a glass of champagne. My five-course meal included B.C. sablefish and saddle of rabbit. Cost varies, but expect to pay \$150 per person.

Budget conscious — When you enter the Whistler visitor centre, head to the back of the circular building and meet Rosie. The owner of Sushi to Go may barely eat sushi herself, but her creations are legendary in the village. A few pieces of sushi and a dynamite roll cost me \$12.

Bucket List



WAYNE PRITCHARD

South Africa made affordable

While an African safari may seem like light years from reality, South African Airways has made it more accessible with a package starting at \$3,000 that includes flights (from New York or Washington D.C.), four nights at the incredibly cool Protea Hotel Fire & Ice in Cape Town and three nights at remote Shepherd's Tree Game Lodge in Pilanesberg National Park north of Johannesburg. A tour of the Cape Peninsula and a safari tour of the Pilanesberg Game Reserve are also covered. Go to flysaavacations.com.

DOUG WALLACE/METRO



Meghan Agosta-Marciano, Two-time Olympic Gold Medallist, Hampton Inn Jericho - Westbury

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Deal



Sweetheart special

Impress your valentine this year with a night or two at the boho-chic Ace Hotel New York by booking through hotel connoisseurs Mr & Mrs Smith. The property won the Smith hotel award for hottest hotel bar last year. Soak up the NoMad neighbourhood vibe for around \$200 US plus tax. Head to smithhotels.com/luxury-hotels/ace-hotel-new-york.

DOUG WALLACE/METRO

Trend



The eco-holiday

The world is your sustainable oyster. Websites and travel agencies like Eco Tour and Holidays for Humanity are gaining travel ground. Aqua Nicaragua Resort, for example, is designed as a tree house to minimize impact on the forest floor. Check out holidaysforhumanity.com and ecotourdirectory.com.

DOUG WALLACE/METRO

How-to



Breeze through airport security

1. Eliminate pocket fishing by putting everything in your jacket first thing in the morning, including jewelry. 2. Pack your belt in the carry-on, unless it's actually keeping up your pants. 3. Wear loafers so you don't have to deal with shoelaces or boots. 4. Check out NEXUS at cbsa-asfc.gc.ca.

DOUG WALLACE/METRO

Your trip to a life-changing light show

Yellowknife. Tourists around the world flock to Canada's north to witness one of nature's lovely miracles

A van picks up a score or so of tourists from a Yellowknife hotel and heads off into the night, destination wonderment.

"The aurora is one of our dreams," explains Kazna Mori of Japan, who's come to these silent, snowy woods outside of the northern capital in hopes that on this night the northern lights will dance for her.

"It's a dreaming thing," she says. "It's a miracle thing."

She's one of a few dozen visitors this night to Aurora Village, a collection of wood-heated teepees and other facilities about a half-hour's drive into the boreal forest, where the only competition for the aurora borealis comes from the stars and the moon.

For 10 years, the village has welcomed viewers to one of the best borealis-watching sites in the world, favoured by its inland geography and position under the aurora ovals where the celestial lights have their origin far above the earth.

"A good night, you're totally in awe," says Steve Herrett, who's been hosting visitors here for eight years.

"My mouth falls open and



A particularly good aurora is greeted like a rock star, according to locals in Yellowknife. GETTY IMAGES

my head goes back. It can make you feel so minuscule and tiny, it's so powerful. You feel gifted to experience something like it."

Most of the visitors are from Japan and Taiwan, says Herrett. China is a growing source, with even a few Canadians starting to take an interest in the light show in their own northern backyard.

A particularly good aurora, with vast veils of green and pink furling and rippling across the sky, is greeted like a rock star.

"All the girls start scream-

ing," Herrett says. "They're just so excited. It's almost hysteria."

And yes, sometimes you can hear the aurora.

"I've heard them once," says Herrett. "It sounds like static electricity, a little bit of a crackling sound."

He says some scientists suggest it's not a sound at all, but a resonance the aurora actually produces within the human body.

"It appears in historic records that long ago the explorers and the Inuit people heard them frequently. Today it's very rare. We wonder

what that's all about."

It's about -20 C this night, mild by the standards of Yellowknife in January. But Aradhna Kaur of Singapore has never worn so many clothes.

"Absolutely not," she says with a laugh, flexing the bulky sleeves of her village-provided parka. "It's odd, but interesting."

Worth it, though.

"It's been on my bucket list for a while," says Kaur, who's here on honeymoon with her husband Onkar Singh. "It's a sight to see, something that's beautiful."

For Euncseor Kin of Korea, seeing the lights would be a personal good luck charm for 2014.

"It's a new year," he says. "To see it would be a hope that everything is going well."

Kayko Sayna has planned her trip from Japan around this night. It is, for her, a celebration of the beauty of nature.

"I have my eyesight, God gave us this. I want to see the wonder of nature. Anything is beautiful — trees, flowers, mountains — but the aurora is the most beautiful."

This night's show is

Quick facts

- **Did you know?** Lights can be seen at both the North and South pole. They are called aurora australis in the south.
- **What causes the lights?** The beautiful light show is the result of a collision between charged particles from the sun's atmosphere and gaseous particles in the Earth's atmosphere.

muted by a curtain of high cloud. But the visitors enjoy themselves anyway, kicking through the fresh, silky snow, listening to sled dogs howl across the lake and chuckling as a red fox darts in and out of the surrounding woods, near enough almost to touch.

And then, at about 1 a.m., just before they file into the bus that will return them to their warm hotel beds, a sinuous strand of green materializes in the sky above the teepees.

It's not a jaw-dropper and nobody's body resonates, but the thin cloud cover gives the lazy curls of light a hazy mystery of their own.

Smiles widen. Cameras appear.

"It's a really cold place and it's a far place and we need to pay a lot," says Mori.

"But we can forget normal life when we see it."

THE CANADIAN PRESS

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Where the Breezes are always warm

Bahamas. The Bahamas is a mix of the familiar and exotic

MATT PRIGGE
Metro World News in New York

The bitter cold reality of the dark life in the north early in the new year dares you to flock elsewhere.

So it's not surprising that the peak season for the Bahamas, and those lands in the adjacent Caribbean, lies in the bleak mid-winter.

The glut of tourists from North America has made for a curious culture.

On one hand, those who live and work in the Bahamas year-round maintain the Arawak lifestyle that links them with South America.

On the other, they've made room for North American things.

Indeed, Bahamian Independence Day is only a few days after its American equivalent. Because tourism is the islands' No. 1 economic driver, they celebrate both, one right after the other, for one crazy bash.

The Bahamas teem with fancy hot spots, especially in the capital city Nassau, located on the island of New Providence.

It's here that James Bond has returned again and again, including in his maiden voyage, Dr. No.

Breezes Bahamas was the first of what are still only three all-inclusive resorts on Nassau, and it remains one of the best deals, which is to say it's more affordable than most.

This isn't a sleek castle



Forget all your northern troubles as you relax poolside in Nassau. CONTRIBUTED

that protects one from everything but the weather and beach time. It's a getaway that tries to keep you close to island life.

At Breezes, there are the expected multiple pools, beachfront hang spots and an ever-flowing parade of Girl Drink Drunk cocktails whose names you'll quickly forget. But there's also Kalik, the Bahamas' most cherished local beer, a refreshing, fruity brew named for the sound produced by two smacked coconuts.

The mix of local and familiar is also reflected in the food. The two fancy restaurants and the all-day buffet fling continental food, but slip in Bahamian delicacies and twists on American standards.



Breezes Bahamas was one of the first all-inclusive resorts on Nassau. CONTRIBUTED

You'll have to go off-site to take in the country's most cherished foodstuff: conch salad, a refreshing, filling mix of peppers, tomatoes and the white, tangy meat

pulled from shells, topped with a liberal squeeze of lime juice. A bowl of the stuff will run you \$10 US. We recommend the one from Twin Brothers.

Breezes offers trips downtown, where one can partake in the considerable tourist trade. The biggest draw is the Straw Market, the legendary, cavernous

Quick facts

- **Average temperatures.**
The daily average temperature in the winter is in the mid-20s, falling to high teens at night.
- **What about hurricanes?**
Hurricane season runs from June to November, with the height being during the month of October.

home to local goods, from straw hats to art, some repurposed from aluminum cans. Rum can be purchased here, but see if you can make it off the beaten path to John Watling's Distillery, located atop one of the highest hills. They make craft rum, including Buena Vista Rum, which is closer in taste to a nursable cognac.

But Breezes does its best to keep you engaged in its own confines. There are a myriad of activities, including lessons on kayaking, sailing or even rock climbing, if you want to grasp the extent of your weakness.

You can also relax with a hot stone massage and realize, as your body tenses up and rebels, the extent of how wound-up your life has made you.

Each night features its own special kind of show in the main hall: some tailored for visitors, with bands performing covers of Top 40 staples, plus nights where they play strictly Bahamian music while decked in the kinds of gear you'd see at Junkanoo, a street parade that dominates several holidays.

When that happens, you finally feel far enough from home.



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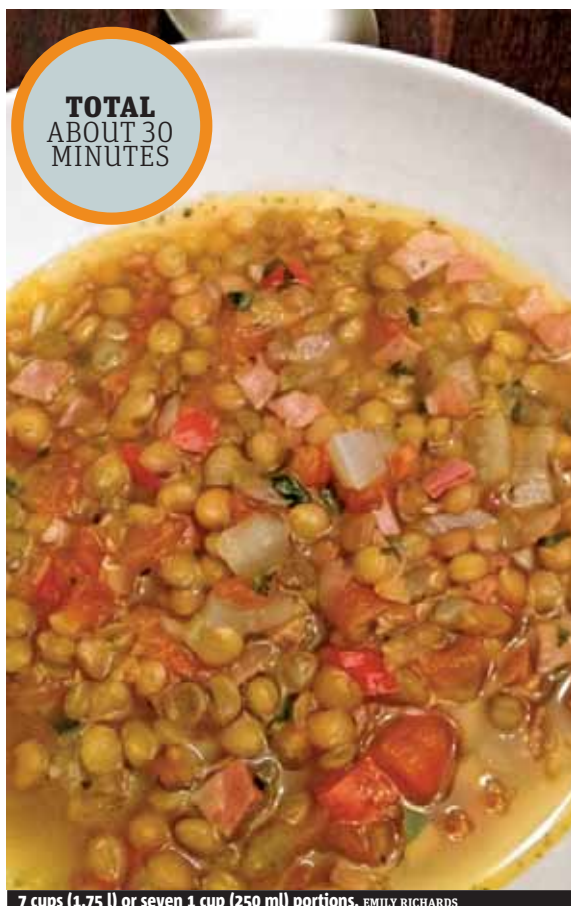
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7 cups (1.75 l) or seven 1 cup (250 ml) portions. EMILY RICHARDS

Hearty soup is an ode to Canadian-grown legumes



DINNER EXPRESS
Emily Richards
food@metronews.ca

Legumes such as lentils are grown in Canada and are a delicious and easy way to add fibre and protein to your dishes.

1. In a soup pot, heat oil over medium heat and cook onion, celery, garlic and Italian seasoning 5 minutes or until softened. Add lentils and stir to coat well.

2. Add broth, water, ham and red pepper; bring to boil. Reduce heat and add tomatoes. Cover and simmer for 30 minutes or until lentils are tender. Stir in parsley.

Ingredients

Soup

- 2 tsp (10 ml) canola oil
- 1 onion, chopped
- 1 large stalk celery, diced
- 3 cloves garlic, minced
- 1/2 tsp (2 ml) Italian herb seasoning
- 1 cup (250 ml) dried green or brown lentils
- 1 box (900 ml) sodium reduced chicken broth
- 3 cups (750 ml) water
- 4 oz (125 g) thinly sliced black

- forest ham, finely chopped
- 1 red bell pepper, diced
- 2 tomatoes, seeded and diced
- 2 tbsp (25 ml) chopped fresh Italian parsley

Biscuits

- 2 1/2 cups (625 ml) all-purpose flour
- 2 tbsp (30 ml) granulated sugar
- 1 tbsp (15 ml) baking powder
- 1/4 tsp (1 ml) salt
- 3/4 cup (175 ml) cubed butter
- 1 cup (250 ml) of milk

Biscuits

Make some yummy biscuits to serve up with your soup.

1. Whisk the flour, granulated sugar, baking powder

and salt. Cut in cubed butter until mixture resembles coarse crumbs. Drizzle over milk, stirring with a fork to make a soft, slightly sticky dough.

Cooking tips

- There are different varieties of sodium-reduced and lower-fat sliced black forest ham options you can use in the soup. But using ham that's been chopped allows for distribution throughout the soup. This is also a great recipe to use up leftover roast ham.
- You can substitute 2 cans (19 oz/540 ml each) lentils, drained and rinsed for the 1 cup (250 ml) of dried lentils and reduce the cooking time to 15 minutes.

FLASH FOOD



From your stove to your table in about 30 minutes

2. On a lightly floured surface, knead dough gently about 10 times. Pat dough into 1/2 inch (1 cm) thick square. Using floured knife cut into 12 pieces. Place on ungreased baking sheet. Brush tops of biscuits with a bit more milk. Bake in preheated 425 F (220 C) oven for 12 minutes or until golden.

Balance 'what can I get for you' with 'when's that paper due?'

Cash between classes.

There are many advantages to working while you're in school. Find a good employee-student balance and make the most of that extra income

RIANA TOPAN
TalentEgg.ca

Working part-time while in school is an excellent way to offset some of your tuition, textbook and housing costs.

However, it can be challenging to juggle a job on top of an already-busy student schedule.

Here are some suggestions for how to balance a job along with your studies.

Stay organized

Planning out your schedule is the most important step to ensuring that you stay on top

of your schoolwork and your job. Use a calendar that's connected to your email or one that you can download to your computer — or opt for a paper agenda. Whatever you choose, use your planner to schedule in class times and deadlines, shifts at work, time for studying, errands and exercise, social activities and any other commitments you have.

Seeing your schedule laid out like this will help you to manage your time well and plan in advance to make sure you don't let anything fall off your radar.

Be proactive about deadlines

Try setting "fake" due dates for yourself for assignments and exams a couple of days ahead of the real deadlines and aim to have your essay, report or studying completed by the earlier date.

Following this method, you'll always have a buffer period if you fall behind or you can use that time to review your notes again or proof-read your



Let your manager know that while you're dedicated to your side job, your education invariably comes first. iStock

assignment one last time.

You should also start working on projects as soon as you get them. Not only will it help you to get a good sense of how much time you need to set aside to complete the assignment, it will also eliminate the anxiety that comes with a looming deadline for some-

thing you haven't started yet.

Be honest with your employer

Make it clear that your job is important to you but that your studies ultimately have to come first.

Your boss should already expect this and he or she will

Give a little, get a little

Offer to work a little extra during peak times — employers will be more respectful of your schedule if you are respectful of theirs.

probably appreciate your dedication to your education.

Of course you'll still need to make sure you're still making your job a priority, however you can make things a little bit easier on yourself by arranging your working schedule around exams or assignments well in advance.

You should also be upfront with your employer about how many hours you are able to work each week without jeopardizing your schoolwork.

Offer to work a little extra during peak times. Employers will be more respectful of your schedule if you are respectful of theirs.

Work hard, study hard

Treat your schoolwork like you treat your job

- One of the hardest things about balancing course work as a student is time management, because there's no one watching over to make sure you don't procrastinate.
- When you're studying, act like you're at work: every minute counts, so make sure you're using your time wisely. You have to become your own boss — you should hold yourself to the same high standards an actual employer would.

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Graham DeLaet tees off during the final round of the Farmers Insurance Open at Torrey Pines South on Jan. 26 in La Jolla, Calif. DONALD MIRALLE/GETTY IMAGES

Smith impressed with PGA chance

Golf. Halifax legend says he 'would have laughed' had he been told 25 years ago that city would host prestigious event



ANDREW RANKIN

andrew.rankin@metronews.ca

Twenty-five years ago Gordie Smith never dreamed Halifax could have landed a golfing spectacle like this.

Just a couple of years off his seventh-place finish at the Canadian Open in 1988, the Halifax native was gearing up to play in the inaugural Ben Hogan Tour in his hometown.

It was a rather low-key event, he admits, nothing like what Halifax and the province's golf fans will witness come early July when the Ashburn Golf Club hosts Nova Scotia's first-ever Web.com tour at its newest course in Windsor Junction.

"If you asked me 25 years ago if this event could be held in Halifax I would have



Gordie Smith JEFF HARPER/METRO

laughed," said the Nova Scotia Sports Hall of Fame inductee.

Smith was among the audience at the event's announcement at the old Ashburn Golf Club in Halifax on Tuesday.

The week-long spectacle, running from June 29 to July 6, is being tagged GolfFest Nova Scotia. But the main event will be played from July 3 to 6. Called the Nova Scotia Open, it will feature 156 Web.com Tour golfers from

around the world competing over 72 holes.

All of them are vying for a PGA Tour card. David Duval, Craig Perks and Stephen Ames are just some of the graduates of the Web.com Tour.

The event will be televised in the United States on the Golf Channel as the players battle for a purse totaling \$650,000.

"These are elite players," said Tim Benton, the PGA tour's vice-president of busi-

ness affairs, who was on hand for the announcement. "These are not amateur players or players trying to be professional. These are world-class, PGA-Tour-quality players."

Another major draw will be the Canada Cup on Monday, June 30, featuring three Canadian PGA tour players — Mike Weir, Graham DeLaet and David Hearn — against three PGA tour players from around the world in an 18-hole stroke play event.

The Junior Canada Cup will kick the week off on Sunday, June 29, with some of the finest up-and-coming players in the country going head-to-head in an east-vs.-west showdown.

For Smith, who's shared in the evolution of the sport in Nova Scotia and witnessed the city host the likes of the 2012 World Skins Game and the 2005 Canadian Women's Open, GolfFest is yet another shining accomplishment.

"We've got the infrastructure now, and the will," he said. "Now, it will be interesting to see who the players will be. It's going to be exciting."

Curling

N.S. rink wins one, loses one

Mayflower's Heather Smith bounced back from a disappointing 9-8, 10th-end loss against B.C. on Monday, and captured her second win, a 10-5 victory against Quebec's Allison Ross, on Tuesday at the Scotties Tournament of Hearts in Montreal.

But the Nova Scotia rink finished Day 4 with a 10-3 loss at the hands of Team Canada's Rachel Homan, which remains the only undefeated rink at the national tournament, with a 6-0 record.

By the time the fifth end rolled around, the defending champs had already built up a 4-0 lead. After Smith scored twice in the end, Homan and Co. countered by blowing the game open, taking a 10-2 lead into the eighth and final end.

Smith takes on Yukon's Sarah Koltun (1-5) in her early draw on Wednesday, finishing the day against Saskatchewan's Stefanie Lawton (5-1).

The Nova Scotia rink currently has a record of 2-5. **METRO**

NBL Canada

Rainmen sunk again in 2nd half

It was another unpleasant night for the Halifax Rainmen.

The Rainmen blew an eight-point halftime lead, en route to a 103-75 dismantling at the hands of the Island Storm at the Eastlink Centre on Tuesday night.

Things fell apart for the Rainmen in the third quarter, in which they were outscored 29-18, and then by a whopping 42-17 in the final quarter.

Although the Rainmen limited the Storm to just 38 per cent shooting from the field, the home squad had the advantage in the hustle department, out-rebounding the Rainmen 63-47. The Storm's bench also outscored Halifax's backups 38-18.

The Storm's Antonio Ballard led the way with a game-high 30 points to go along with eight rebounds. Jason Williams paced the Rainmen, who fell to 6-24, with 21 points.

The Rainmen are back in action on the road against the Moncton Miracles on Saturday. **METRO**



Norwegians cruise lines on Olympic oval

Members of the Norwegian speedskating team round the track at Adler Arena Skating Centre ahead of the Winter Olympics on Tuesday in Sochi, Russia. The men's 5,000 metres will kick off speedskating events on Saturday. PAUL CHIASSON/THE CANADIAN PRESS

Early bird gets the ice on foreign soil

Figure skating. Patrick Chan arrived in Sochi last week so he could work out kinks

On Patrick Chan's first full day in Sochi, he misjudged the length of the walk from his room to the gym, and the length of the bus ride to the rink.

The three-time world champion ended up missing his first practice.

But the 23-year-old from Toronto — and self-professed creature of habit — arrived in Sochi several days ahead of the other skaters to iron out the kinks early, and the decision, he said, paid off.

"It's been quite an adventure," Chan said at a news conference Tuesday. "That was the reason I came early, so that I could get in that routine and make this here in Sochi a training environment for me, so it will be easy for me to start competing and feel at ease and calm on the ice."

"Having those days where I missed the practice, that's



Patrick Chan speaks with his coach Kathy Johnson during a figure skating practice session on Monday in Sochi, Russia. MARK BAKER/THE ASSOCIATED PRESS

where I really learned about time management."

His early arrival last Friday also meant he had the ice all to himself for the first couple of days, a "huge advantage" for the skater who hopes to claim Canada's first ever Olympic gold medal in men's singles.

"In my whole career I haven't had a practice on my own in all the Grand Prix I've been to," Chan said. "Who would imagine at the Olympics I'd have ice on my own? It was a huge help because at the

end of the day when I compete I'm on my own, I'm on the ice on my own; there's nobody else on the ice."

"I really enjoyed it, also the fact I could play my music as many times as I wanted."

Chan has been the skater to beat since winning three consecutive world titles. At the Trophée Bompard Grand Prix in November, he ran away with gold, smashing the world records in the short and long program and for overall score

Did you know?

The IOC has added a team competition in 2014 to the familiar medal events of men's and women's singles, pairs and ice dance. Ten countries will take part, combining the scores of their entries in the four disciplines.

West's best

7/10

Russian or Soviet skaters have won seven of the 10 gold medals in the ice dance, but London, Ont., duo Tessa Virtue and Scott Moir will be on hand to defend their titles.



to finish a whopping 31 points ahead of second-place Yuzuru Hanyu.

THE CANADIAN PRESS

Team Canada antsy to start title defence

Three days after arriving in Sochi, Canada's women's hockey players couldn't wait to get on the ice for their first pre-Olympic practice.

"Everyone was getting pretty antsy," defenceman Catherine Ward said. "We wanted to get out there. We were sitting by the boards waiting to finally step on."

It finally happened Tuesday as Canada spent about an hour shaking off the effects from their journey to Russia and the rust that had built up from a few days off. Even though goaltender Shannon Szabados said this was the longest the team had gone not practising since August, coach Kevin Dineen considered it a smart decision to wait.

"There was (a) little itch by us as a staff to get the team on the ice, but at the end of it, we felt that it was time well spent off the ice getting acclimated to the area," Dineen said. "It was a good Day 1 for us on the ice."

If past history is any indication, there will be a lot of good days in the next few weeks for Canada, which has consistently been favoured in these tournaments. Barring something unexpected, the United States is the only real competition, and even some of Canada's recent exhibition struggles against the U.S. haven't lowered the expectation.

"We expect from ourself to win," captain Caroline Ouellette said. "It's no different than any other years and every other Olympics. That's what every athlete that is here wants and that's why we're here."

Szabados said it was the same level of pressure as Van-

Did you know?

In order to boost competition in a sport that has been dominated by Canada and the United States, the women's hockey format was changed this year. The round-robin features a guaranteed grudge match between the North Americans, and a chance for them to earn a bye through to the semifinals.

Phenomenal Finn

41-0

Finland goalie Noora Raty was 41-0 at the University of Minnesota, leading her team to a second straight college championship.



couver four years ago because "as a hockey player playing for Canada, I think your country expects gold just based on the history of Canadian hockey, as they should."

But there are some more difficult circumstances this time, most notably switching coaches from Dan Church to Dineen two months before the start of the Olympics. Ouellette doesn't consider that a major disadvantage because Canada, which is looking for a fourth straight gold medal, kept the same system through the transition.

THE CANADIAN PRESS



Team Canada's Hayley Wickenheiser walks to the practice rink with co-coach Danielle Goyette on Tuesday in Sochi, Russia. ADRIAN WYLD/THE CANADIAN PRESS

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Audi A3 is an affordable luxury



PHOTOS: WHEELBASEMEDIA.COM

Review. Times have changed: your budget no longer determines your brand

MALCOLM GUNN
wheelbasemedia.com

Audi is fueling the small-sedan craze with the next-generation A3 and the timing couldn't be better.

Big-luxury-car buyers, it seems, are finally discovering what many people have known for years: that driving small sedans can be lots of fun, especially when they come with plenty of amenities and are more cost- and fuel-efficient.

Catering to this emerging segment are Germany's primary builders of upscale rides. Mercedes-Benz recently jumped into the luxury-compact pool with the 2014 CLA 250 sedan. The BMW 1-series (soon to be the 2-series) is in the mix, but until the forthcoming four-door 2-series Grand Coupe arrives in a couple of years you'll have to settle for the two-door version.

The A3 brand has been available in North America since the 2006 model year, but only as a wagon. This spring, however, Audi will sell a brand new A3 sedan, followed by cabriolets (convertibles) and better-performing S3 models. Also in the pipeline is the A3 e-tron electric plug-in hatchback hybrid that is expected to arrive in about a year.

Along with a different body, the A3 has been given a new platform that pushes the front wheels forward by about four centimetres when compared to the previous wagon. That helps out in the passenger-space department, as does a nearly-five-centimetre gain between the front and rear wheels. Overall, the A3 is more than 15 centimetres longer (and slightly wider) than its predecessor.

Initially, the A3's powertrains will consist of a turbocharged 170-horsepower, 1.8-litre four-cylinder, with a turbocharged 220-horsepower 2.0-litre four-cylinder on the option sheet. By the end of the year, a 150-horsepower, 2.0-litre, turbo-diesel will be added as well as a more powerful version of the 2.0 gas engine

2015 Audi A3

- **Type.** Four-door, front-/all-wheel-drive compact sedan
- **Engines (hp)** 1.8-litre DOHC I4, turbo (170); 2.0-litre DOHC I4, turbo (220)
- **Transmissions.** Six-speed automated manual
- **Base price (incl. destination).** \$33,100

Design

The A3 sedan pretty much sticks to the A4 and A6 styling script with a long hood and short rear deck plus sharp sheet-metal creases in between to keep things interesting. It's the kind of design that never seems to go out of fashion.

Compare



1 Acura ILX
Base price: \$30,000



2 Cadillac ATS
Base price: \$37,000

Interior

Inside, the car displays Audi's usual attention to detail. The standard pop-up seven-inch-diagonal control panel/navigation/infotainment display screen does seem out of place, but most reputable automakers are installing them along with twist-and-turn console-mounted controller dials to reduce dashboard button clutter.

for the S3 that generates about 290 horsepower.

The standard six-speed automated-manual transmission delivers fast shifts, while Quattro all-wheel-drive is offered with the 2.0 gas engine.

An integral part of the A3's drivetrain is Audi's drive select system with four distinct settings ranging from normal to sporty for the transmission shift points, throttle sharpness and power-steering effort and feel.

In addition, the standard stability control (which prevents skids and spins) features an electronic differential lock

that, during cornering, applies moderate braking to the inside front wheel to reduce the natural tendency to travel in a straight line even when the wheel is turned, called understeer.

For \$33,100 (which is about \$3,000 less than the Mercedes-Benz CLA 250), the A3 comes reasonably equipped with leather seat covers, a panoramic glass sunroof, bright xenon headlights and Bluetooth short-range wireless networking. Of course Audi will tempt you with an array of options such as a navigation system with unique three-dimensional

graphics, LED headlights and a Bang & Olufsen sound package that's usually found in models costing more than twice that of the A3.

The A3's most appealing quality, however, might be its ability to mimic its larger stablemates in looks and features while maintaining an attractive entry price. Even lavishly equipped, the A3 could easily be had in the low-\$40,000 range, which is the upper threshold for more mainstream sedans that lack the cachet or the performance prowess of this modestly sized Audi.

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Advertised ice track delivers on slippery promise

Quebec's Mecaglisle.

The track north of Montreal is open all year but if you want a fun, frozen challenge now is the time to go



AUTO PILOT
Mike Goetz
drive@metronews.ca

Ice skates are expressly designed for travelling on ice. Passenger cars are not. They prefer pavement. So naturally there are people who like to take advantage of the vehicle's inherent inadequacies on ice and make sport of it.

These people are not as mean as they sound, they just get a kick out of how fun and educational it is to explore the boundaries and techniques of car control. And when compared to pavement, ice affords that opportunity at a relatively lower speed, cost and risk.

"Learning the techniques to get control of a car going sideways on ice ... that's so much fun," says Franck Kirchhoff. "More fun than driving on a road course at 200 km/h."

He should know, he's done both, and both on the same track. The track is part of Mecaglisle Motorsport Complex located in Quebec's Laurentian area north of Montreal. Along with his father, Kirchhoff owns and runs the operation, which features more than 15 km of tracks of various descriptions and surfaces.

In the non-winter months the facility is used for rally driving schools, defensive driving schools, motorcycle racing, club and corporate events, and public lapping days.

Same thing in the winter. Except for the motorcycle racing, and except for the fact that all of the activities are now done on snow and ice. The winter set-up includes one 2.5-km ice track, and one 2.5-km snow track. If the weather permits, they run this set up from the first



Testing out Nissan's new snow-ready AWD and traction and safety control systems on Quebec's Mecaglisle ice track. NISSAN CANADA

week of January to the first week of March.

Nothing complicated about making an ice track over a paved track. Kirchhoff says the three-man crew first packs the snow down. After it is really hard and compacted,

they just add water, via trucks carrying water tanks.

"We spray a lot of water," he says one more time, to make sure I understand the tricky, technical concept. How thick is the ice? Kirchhoff uses his hands to signify

about a nine-inch layer.

I'm here at Mecaglisle as part of a Nissan press program, designed to showcase the virtues of the brand's snow-ready AWD and traction and safety control systems. They work as

advertised, and, also as advertised, the ice track is very slippery. Even with our studded tires and AWD, anytime you wanted to get hairy you could. Not that the Nissan instructors riding shotgun wanted us journalists to get too hairy. I didn't either — nobody wants to be first to put a crease in a brand new Nissan belonging to someone else.

I suppose most of us were going about 40-60 km/h on the more open sections of the track, and a lot slower on the tighter ones. Next week Porsche will come to Mecaglisle for its customer-focused Camp4 Driving Experience program. He figures when the Carrera 4S is deployed for hot laps it will be probably get up to 120 km/hr or so down the straight and doing so sideways.

Finally, I ask Kirchhoff if the facility has special equipment for pulling vehicles and their drivers out of the snow banks, when things don't go entirely as planned out there on the ice track? "Yes," he says, "We have big tractors."

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Responsible rubber: Tires with a brain

Driving Force. In newer vehicles your wheels will warn you if they're low or becoming flat

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If you have a newer vehicle, chances are good it has a tire

pressure monitoring system (TPMS). These systems continually check your tires and warn if the air in them falls below the correct pressure.

"Properly inflated tires make a vehicle handle better, and you need to be warned if you have rapid deflation," says Hugh Charvat, president and CEO of Schrader International, which makes TPMS systems. "It gives you the

warning even before you feel it through the steering wheel."

Almost all TPMS systems used today are direct systems, meaning there's a pressure sensor inside the tire. Most sensors are part of the valve stem, but a few use a sensor strapped to the wheel inside the tire. A small number of automakers use indirect systems, which use the anti-lock

brake sensors to check the speed of each wheel and determine if one is turning more slowly, indicating a low tire.

The systems are set to the proper pressure for the car, and warn if a tire drops 25 per cent or more below it.

If your tire warning comes on when it's really cold, but goes off after you've been driving for a while, it could be that one of your tires is very close

to the warning threshold.

"Temperature has an impact on pressure, because gas expands and contracts," Charvat says. "The TPMS (warning) will come on, but when the tires warm up, the light will go off because the pressure inside the tire will increase. It's telling you to check the tires."

This could be because you have a leak in one tire, or that you haven't checked your tire pressure in a while. Tires are permeable, meaning that air molecules will gradually pass through them, and it could be that you've finally lost enough to set off the warning.

If you change to winter tires each season, but don't have pressure sensors in your winter wheels, your TPMS system won't work. "It's a smart investment to buy four additional sensors to maintain the integrity of the system and keep it functioning," Charvat says. "If you have a slow or rapid leak, you're putting yourself at risk because you've intentionally disabled a safety system."

The sensors contain batteries, and after about 10 years, they'll probably need

To note

- **Mandatory.** Tire pressure monitoring systems are mandatory on all new cars sold in the United States. They're not required in Canada, but most new cars have them.

- **Signs.** Depending on the vehicle, you may have a warning light that indicates one of the tires is low, or a display that shows the specific tire pressure.

- **Advice.** The proper air pressure for your tires is on a sticker inside your driver's door jamb, the glovebox door, or the fuel filler door.

replacing. A blinking TPMS warning light could indicate either a dead sensor battery or a malfunctioning sensor, and should be checked as soon as possible.

And even though you have a warning system, you should still check your tire pressure each month. A tire could be low enough that it's affecting your fuel economy, even though it's not down to the warning stage.



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Tire pressure sensors fit inside the tire to monitor pressure. CONTRIBUTED

Weeknights at 6 K8 counts down the HOTTEST songs of the day

TOP SIX @ 6

- 6 Avicii Hey Brother
- 5 Pitbull ft Ke\$ha Timber
- 4 A Great Big World ft Christina Aguilera Say Something
- 3 Lady Gaga Do What U Want
- 2 Katy Perry Ft Juicy J Dark Horse
- 1 Eminem ft Rihanna The Monster



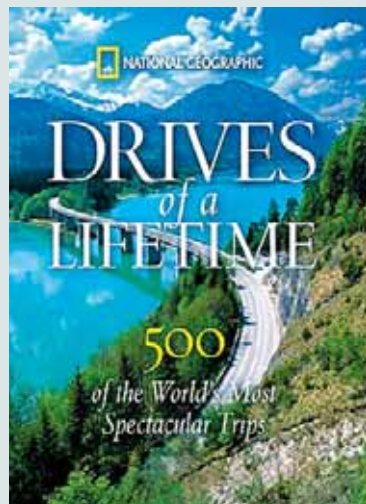

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Parts department

WHEELBASE MEDIA

Get out and drive

If you have your own bucket list of places to see and routes to follow, the book *Drives of a Lifetime*, 500 of the World's Most Spectacular Trips, will be of particular interest. Written by the editors of National Geographic magazine, this 320-page coffee-table-style tome includes descriptions of spectacular roadways from all over the globe, as well as hundreds of accompanying maps and full-colour photos of the scenery you can expect on each journey. Some of the described routes include Alaska's Denali highway, the E4 highway in Norway that leads to the Arctic Circle, Argentina's 5,000-kilometre Ruta 40 and the N9 road in Morocco that leads from Marrakech into the heart of the spectacular Atlas mountains. *Drives of a Lifetime* is available for \$40 US at shop.nationalgeographic.com.



The art of the kart

Think of a TrophyKart buggy as a scaled-down and less powerful version of the vehicles that compete in the Baja 1000, or similar off-road desert races. Of course that makes a TrophyKart much more affordable to own. The vehicle is built for kid- or adult-sized drivers. Trophy Kart's latest model is the 450RS that includes a water-cooled 450 cc all-terrain-vehicle (ATV)

engine rated at 52 horsepower. That doesn't sound like much, but the company states the 450RS will top out at about 145 kilometres per hour. A 450RS lists for \$17,250 US, but the company also has a kid-sized RS200 model with a smaller engine available for \$10,560 US. Ordering and authorized dealer information can be found at trophykart.com.



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♈ Aries

You may find it hard to predict what others are going to do but there is no need to keep looking over your shoulder. Despite one or two minor setbacks today, the rest of the week will be to your liking.

 Taurus

Two weeks from now, when the Sun moves into one of the more positive areas of your chart, you will get the chance to do your thing. Until then, accept that others are still calling the shots.

II Gemini

If you want to impress people, you had better be quick because as of tomorrow it won't be so easy. Maybe you should give up trying so hard and impress the one person who really counts — yourself.

 Cancer

Inspiration will come easy to you today but no matter how fast your mind is working don't try to turn ideas into reality until later in the month. Carry a notepad with you and keep a "To Do" list.

Ω Leo

Anyone who thinks they can trick you into doing something that isn't in your interests is in for an awakening. Someone will try to put one over on you today but will end up looking foolish.

♍ Virgo

Someone you have to deal with over the next 24 hours will talk non-stop without saying much of any great substance. Ignore them.

Libra

Something you hear on the work front could benefit you but only if you act quickly. You are not the only one who is looking to get ahead.

♏ Scorpio

You know what it is you desire and you know what needs to be done to get it, so stop playing around and get serious about your ambitions. Time is running out.

Sagittarius

You need to talk through issues that have been making life difficult for you. Someone needs to take the lead and according to the planets that someone will have to be you.

Capricorn

You'll learn something to your advantage today but you must keep it to yourself. The urge to tell others may be strong but if you do they may try to benefit. There is only so much cash to go around.

 Aquarius

Take a good look at what is annoying you and ask yourself how important it really is. Most likely you will come to the conclusion that it's not worth another minute of your time or emotional energy. So forget it.

♊ Pisces

Whatever you start today will most likely be a success, but as from tomorrow you won't be quite so lucky, so if there is something that simply has to be done you are advised to get on with — now.

SALLY BROMPTON

1. Berth
5. Electric guitar need
8. Recede
12. Data
13. Rivers: Spanish
15. Ms. Shire
16. Tiny amount
18. Leaves off
19. ___ letter (Use the post)
20. Royal visit meet-and-greet
22. TV crew pro: 2 wds.
24. "The English word 'or' is known as '___' in French."
25. 'A' of A-bomb
29. TV clicker button
32. ___dokie
35. Matrikin
36. Chopper
37. Beach Volleyball great, Misty May-___
39. Vintage auto
40. Billy Joel's "___ Man"

Calgary Winter Olym

1	2	3	4		5	6	7			8	9	10	11
12					13			14		15			
16					17					18			
19						20			21				
22					23								
			24					25			26	27	28
29	30	31			32		33	34		35			
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44					45			46		47			
			48			49	50					51	52
54	55	56							57				
58						59			60				
61						62					63		
64							65				66		

61. Sky sight

2. Annually, year

Ontario county where

23. Ricky Nelson's "

Little Fool”
26. Husband: French
27. Detail
28. Business bosses, briefly
29. Cartographer’s creations
30. Emergency — (Building sign)
31. Draw close
32. Mr. Somerhalder
33. Jeremy Piven’s old show
37. Ad nauseam: 3 wds.
38. Bar query, “Straight — the rocks?”
41. Core part
43. Squelched
45. Obtained
47. Miffy mood
49. Driving needs, for short
50. Fix that squeak once more
51. Gullible
52. Canadian singer Mr. Vannelli’s
53. Streamlined
54. Bunch
55. Montreal pronoun
56. Detroit football player
60. He’s opposite

1	L	U	G		3	C	R	A	G	E	L		5	C	M	A	
2	U	R	U		4	B	O	S	N	I	A		6	R	A	I	
3	T	E	L	U	S	S	P	A	R	K		7	A	N	L		
4	H	A	L	L	E	S	T	E	E	N		8	W	O	L		
5		I	C	Y							9	R	O	L	L	I	
6		A	V	E	N	O					10	T	A	L	E		
7	A	C	E	R		O	X	E	N		11	D	Y	L	A	N	
8	J	A	R		P	R	I	V	A	T	E		12	A	W	E	
9	E	I	S	A	L		D	E	S		13	F	I	N	D		
10					L	A	C	E			14	L	A	R	N	S	
11	E	D	Z	I	A						15	V	E	E			
12		B	R	O	M	A	N	C	E		16	D	E	R	V	C	
13	O	A	R	E		C	I	N	D	E	R	E	L	L	A		
14	O	M	A	N		A	T	T	I	C	S		17	U	E	V	
15	X	A	N	T		N	E	S	S	E		18	I	F			

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

7	1	6	2	3	9	5	4	8
9	8	3	4	5	6	1	7	2
5	2	4	1	8	7	3	6	9
3	7	2	9	1	5	4	8	6
1	5	9	6	4	8	2	3	7
4	6	8	7	2	3	9	1	5
2	9	7	3	6	4	8	5	1
8	3	1	5	7	2	6	9	4
6	4	5	8	9	1	7	2	3

		1	5			9	7	
4						2		6
	8			1				4
	9				5	4		
			2		4			
		6	3				2	
1				7			6	
6		4						9
	5	7			3	8		



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